

CURRICULUM VITAE

Dr ANGELA CADOGAN

Physiotherapy Specialist (Musculoskeletal)

Ph.D, NZRPS, MNZCP (Sports & Orthopaedic)

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QUALIFICATIONS

PhD AUT University, NZ Area: Musculoskeletal Diagnostics Thesis: Diagnosis of Shoulder Pain in Primary Care	2012
Postgraduate Certificate in Health Science (Sport and Exercise) AUT University, NZ	2003
Masters Degree Sports Physiotherapy Curtin University, Perth, Western Australia	2000
Diploma of Manipulative Therapy NZ Manipulative Physiotherapists Association, NZ	1998
Diploma in Physiotherapy AUT University, NZ	1990

CURRENT POSITIONS

Physiotherapy Specialist (Musculoskeletal)

NZ Board Registered clinical Physiotherapy Specialist
Private Practice, Ferrymead, Christchurch, NZ (self-employed)

Southern Musculoskeletal Seminars

Founder and Director
Developer and presenter of online educational courses and workshops

Non-Surgical Shoulder Service (Physiotherapy Specialist)

Orthopaedic Outpatient Department
Canterbury District Health Board (Burwood Hospital)
Shoulder referral triage and diagnostic assessment service

Research & Clinical Assistant

Mr Khalid Mohammed, Orthopaedic Surgeon
Elmwood Orthopaedic Centre,
Specialists @ Eleven, 11 Caledonian Road, St Albans, Christchurch

CLINICAL EXPERIENCE

Physiotherapy Specialist

Musculoskeletal Physiotherapy (Shoulder) 2014-

Sports Physiotherapy Experience

Indian Cricket League

FICA International World XI Cricket

New Zealand Cricket

NZ Academy of Sport

PROFESSIONAL ASSOCIATIONS AND ADVISORY WORK

NZ Physiotherapy Board

NZ College of Physiotherapy

American Society of Shoulder and Elbow Therapists

NZ Shoulder and Elbow Society (Physiotherapy affiliate member)

Sports Physiotherapy New Zealand

NZ Manipulative Physiotherapists Association

NZ Health and Disability Commission (Expert Advisor)

PROFESSIONAL ACTIVITIES

Physiotherapy New Zealand Project Grant

Development of Training Framework for advanced Orthopaedic Physiotherapy Practitioners
PNZ Education Trust Grant

Canterbury Initiative

Orthopaedic Triage project
Development of Physiotherapy "Shoulder Model of Care"
Orthopaedic Triage role development

Sports Physiotherapy New Zealand

Development of educational programme for SPNZ

ACADEMIC EXPERIENCE

Independent Research Consultant/Contractor (AUT University)
Postdoctoral Fellow

2011-2014
2012 and 2015

Reviewer

Journal of Orthopaedic and Sports Physical Therapy (JOSPT)	2012 - present
Journal of Manual and Manipulative Therapy (JMMT)	2012 – present
Physical Therapy	2014 – present

PUBLICATIONS

- Cadogan, A., Laslett, M., Hing, W., McNair, P., & Taylor, S. (2016). Diagnostic accuracy of clinical examination and imaging features for identifying subacromial pain. *Plos ONE*;11: e0167738. doi: 10.1371/journal.pone.0167738
- Cadogan A, Mohammed K. (2016). Shoulder pain in primary care: Frozen shoulder. *Journal of Primary Health Care*; 8(1): 44-51. Doi 10.1071/HC15018
- Mohammed K, Cadogan A, Robinson D, Roche J. (2015). The shoulder in the collision athlete. *Orthopaedics and Trauma*. 2015;29(3):195-205.
- Anderson L, Cadogan A, Borich M, Schneiders, T. (2015). New Zealand sports physiotherapy code of conduct. *British Journal of Sports Medicine*; 49(14):961-964.
- Laslett M, Steele M, Hing W, McNair P, Cadogan A. (2015). Shoulder pain in primary care Part 2: Predictors of clinical outcome to 12 months. *Journal of Rehabilitation Medicine*; 47: 66-71.
- Anderson L, Cadogan A, Borich M, Schneiders A. (2014). A code of conduct for sports physiotherapists in New Zealand. *New Zealand Journal of Sports Medicine*;41(1):11-14.
- Laslett M, Steele M, McNair P, Hing W, Cadogan A. (2014). Shoulder pain patients in primary care Part 1: Clinical outcomes over 12 months following standardized diagnostic workup, corticosteroid injections, and community based care. *Journal of Rehabilitation Medicine*; 46: 898-907
<http://www.medicaljournals.se/jrm/content/?doi=10.2340/16501977-1860>
- Anderson L, Cadogan A, Borich M, Schneiders A, Snelling J. (2013). Sports Physiotherapy Code of Conduct. Wellington: Physiotherapy New Zealand;1-10.
- Cadogan, A., Laslett, M., Hing, W. A., & McNair, P. J. (2013). Shoulder pain in primary care: diagnostic accuracy of clinical examination tests for non-traumatic acromioclavicular joint pain. *BMC Musculoskeletal Disorders*, 14, 156. (Highly Accessed)
- Cadogan, A., McNair, P., Laslett, M., Hing, W., & Taylor, S. (2013). Diagnostic accuracy of clinical examination features for identifying large rotator cuff tears in primary health care. *Journal of Manual & Manipulative Therapy*, 21(3), 148-159. doi:10.1179/2042618612Y.0000000020 (Top 5 Research Award - JMMT 2014)
- Cadogan, A., Laslett, M., Hing, W., McNair, P., & Taylor, S. (2012). Clinical predictors of a positive response to guided diagnostic block into the subacromial bursa. *Journal of Rehabilitation Medicine*, 44(10), 877-884. doi:10.2340/16501977-1049
- Laslett, M., McNair, P., Cadogan, A., & Hing, W. (2012). Comparison of a novel direct measure of rapid pain intensity change to traditional serial 100 mm vas measurement of pain intensity. *Clinical Journal of Pain*, 28(8), 675-682. doi:10.1097/AJP.0b013e31823dd34e
- Cadogan, A. (2012). Interpretation of sensitivity and specificity. *New Zealand Journal of Sports Medicine* 39(1), 11-12.
- Cadogan, A., Laslett, M., Hing, W., McNair, P., & Coates, M. (2011). A prospective study of shoulder pain in primary care: Prevalence of imaged pathology and response to guided diagnostic blocks. *BMC Musculoskeletal Disorders*, 12, 119. doi:10.1186/1471-2474-12-119 (Highly Accessed)

Cadogan, A., Laslett, M., Hing, W., McNair, P., & Williams, M. (2011). Reliability of a new hand-held dynamometer in measuring shoulder range of motion and strength. *Manual Therapy, 16*(1), 97-101. doi:10.1016/j.math.2010.05.005

Cadogan, A., Laslett, M., Hing, W. A., McNair, P. J., & Williams, M. (2011). Interexaminer reliability of orthopaedic special tests used in the assessment of shoulder pain. *Manual Therapy, 16*, 131-135. doi:10.1016/j.math.2010.07.009

CONFERENCE PRESENTATIONS

Invited Presentations:

New Zealand Shoulder and Elbow Society Meeting (NZ Orthopaedic Association), Rarotonga,	2015
ACC National Clinical Advisors Conference, Pipitea Marae, Wellington (June 24 th and 25 th)	2015
3 rd Biennial Sports Physiotherapy New Zealand Symposium: "Sport & Exercise Across the Lifespan"	2014
SPRINZ Conference, Auckland, NZ	2014
Sports Physiotherapy NZ Symposium, Tauranga, NZ	2012
NZ Manipulative Physiotherapists Association Biennial Conference, Rotorua, NZ	2011
Sports Medicine New Zealand Annual Conference, Rotorua, NZ	2009

PUBLISHED ABSTRACTS

Cadogan, A., Laslett, M., Hing, W., & McNair, P. (2009a). Diagnostic accuracy of clinical examination findings for detecting pain arising from the subacromial bursa. Paper presented at the meeting of the Australian Physiotherapy Association Conference Week Sydney, Australia.

Cadogan, A., Laslett, M., Hing, W., & McNair, P. (2009b). Diagnostic accuracy of clinical tests for rotator cuff pathology. Paper presented at the Australian Physiotherapy Association Conference Week, Sydney, Australia.

Cadogan, A., Laslett, M., Hing, W., McNair, P., & Williams, M. (2009c). Interexaminer reliability of orthopaedic special tests of the shoulder. Australian Physiotherapy Association Conference Week, Sydney, Australia.

INVITED PRESENTATIONS & WORKSHOPS

Cadogan A. (2014) Physiotherapy Specialisation. Invited Webinar Presentation, NZ Manipulative Physiotherapists Associations and PhysioScholar (4/4/16)

Cadogan, A. (2015) Shoulder Real-Time-Ultrasound Imaging and Rehabilitation. Lisa Hansen Physiotherapy Clinic. Hamilton. (1.5 days).

Cadogan, A. (2015) Shoulder Real-Time-Ultrasound Imaging and Rehabilitation. Lyttelton Physiotherapy Clinic, Christchurch. (2 hours)

Cadogan, A. (2014) Diagnosis and Rehabilitation of Shoulder Pain. Invited presentation. Northland Branch (Physiotherapy New Zealand) (1 day)

Cadogan A. (2014) Diagnosis of Shoulder Pain in Primary Care. Invited Webinar Presentation, NZ Manipulative Physiotherapists Associations and PhysioScholar (9/6/14)

- Cadogan, A. (2013) Diagnosis of Shoulder Pain in Primary Care. Invited presentation to the Department of Musculoskeletal Medicine Research Group, University of Otago, Christchurch Public Hospital. 14/11/13.
- Cadogan, A., Laslett, M., Hing, W., & McNair, P. (2010). Diagnosis of shoulder pain. Invited keynote workshop presenter: Nelson Shoulder Symposium, Nelson, New Zealand. (2 days)
- Cadogan, A., Laslett, M., Hing, W., & McNair, P. (2010). Diagnosis of shoulder pain at primary care level: the research experience. Invited oral presentation: University of Otago, Christchurch School of Medicine, Christchurch, NZ.
- Cadogan, A., Laslett, M., Hing, W., & McNair, P. (2010). Diagnosis of shoulder pain at primary care level: preliminary results. Invited oral presentation: Physiosouth, Christchurch, NZ.
- Cadogan, A., Laslett, M., Hing, W., & McNair, P. (2010). Prevalence of shoulder pathology and correlation between imaging findings and response to diagnostic blocks. Christchurch Radiology Group, Christchurch, NZ.
- Cadogan, A., Laslett, M., Hing, W., McNair, P., & Williams, M. (2008). Reliability of clinical tests of the shoulder. Active Health QEII, Christchurch, NZ.
- Cadogan, A., Laslett, M., Hing, W., & McNair, P. (2008). Diagnostic accuracy of a clinical examination in determining the source of shoulder pain: Pilot study results. Active Health QEII, Christchurch, NZ.
- Cadogan, A., Laslett, M., Hing, W., & McNair, P. (2008). Diagnostic accuracy & reliability of clinical tests of the shoulder: Research review. Barrington Physiotherapy Clinic, Christchurch, NZ.

TEACHING

Independent Teaching Roles:

(Courses I have developed and taught)

Southern Musculoskeletal Seminars: "Shoulder Course Series"	2016-present
Online learning modules and associated weekend courses in:	
<ul style="list-style-type: none">• Differential Diagnosis of Shoulder Pain• The "Stiff Shoulder"• The "Unstable Shoulder"• Subacromial Conditions• Clavicular Conditions (ACJ and SCJ)	
Assessment and Rehabilitation of Chronic Shoulder Conditions	2015

Courses Taught for External Organisations:

Sports Physiotherapy New Zealand:	2014 - present
The Sporting Shoulder (2-day course)	
Sideline Management Course	
NZ Manipulative Physiotherapists Association	
Lead Tutor: Shoulder Module (2 days)	2012 – present