

Stefan Anker MSc D.O.

Stefan Anker (°1977) studied physiotherapy in Vienna. He continued his professional training at the Vienna School of Osteopathy WSO and finished with a Master's degree in Osteopathy. In his offices in Vienna (A) and Roquebrune Cap Martin (F) he focuses on the manual application of the Fascial Distortion Model FDM and the Typaldos Method. Since 2011 he lectures the FDM in various European countries like Austria, Germany and Poland and presents on international congresses like on the Fascia Research Congress 2012 in Vancouver and 2015 in Washington DC. From 2011 to 2017 he was president of the European Fascial Distortion Model Association (EFDMA), a non-profit organization with the aim to establish the FDM in the medical world.

Studies:

Inter-rater reliability in evaluating body language based on the Fascial Distortion Model (FDM)

Download at www.osteopathic-research.com

Publications:

Various articles and comments in Deutsche Zeitschrift für Osteopathie DO

Lecturing experience:

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Lecturer on the Fascial Distortion Model according to EFDMA guidelines in various European countries

Presentation at the 3rd international Fascia research congress 2012 in Vancouver on the inter-rater reliability of body language according to FDM

Workshop at the 4th international Fascia research congress 2015 in Vancouver on the application of the FDM on acutely sprained ankles