

Bénédicte Forthomme

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Personal data

Date of birth: October 26th, 1966

Nationality: Belgian

Marital status: married, 5 children

Qualifications

PH.D. IN PHYSIOTHERAPY

“Isokinetic muscular exploration of the shoulder”

University of Liege (Belgium), 2005

UNIVERSITY DEGREE IN PHYSIOTHERAPY

University of Liege (Belgium), 1989

BACHELOR DEGREE IN MEDICINE

University of Liege (Belgium), 1987

Complementary training

TEACHER TRAINING FOLLOWED IN IFRES (INSTITUTE FOR TRAINING AND RESEARCH IN HIGHER EDUCATION) AS A MEMBER OF THE ACADEMIC CORPS SINCE 2011

University of Liege (Belgium)

Field of research

THE CURRENT SCIENTIFIC TOPICS FOCUSED ON:

- **PREVENTION OF SHOULDER INJURY IN THE FRAME OF PROSPECTIVE STUDY,**
- **EVIDENCED BASE FOR SHOULDER TREATMENTS AFTER INJURY,**
- **BIOMECHANICS ANALYSIS OF SPECIFIC GESTURE FOR ATHLETES (TENNIS PLAYERS, VOLLEYBALL PLAYERS,...) WITH THE STUDY OF FEATURES CORRESPONDING TO PERFORMANCE OR INJURY.**

Work experience

PROFESSOR IN PHYSIOTHERAPY

Department of Sport and Rehabilitation Sciences, Medical School, University of Liege (Belgium)
Since 1st October 2007

HEAD PHYSIOTHERAPIST

Physical Medicine and Rehabilitation Department, University Hospital of Liege (Belgium)
since May 1st, 2008

Experience in Sports Physiotherapy

FUNCTIONNAL ASSESMENT, TREATMENT AND PREVENTION FOR THE SHOULDER INJURIES.

Publications

See ORBI

(<http://orbi.ulg.ac.be/browse?type=authorulg&rpp=20&value=Forthomme%2C+B%C3%A9n%C3%A9dicte+p008189>)

Reviewer for:

- American Journal of Sports Medicine, since 2009.

Languages

FRENCH

Native language

ENGLISH

Intermediate level